**'When I'm home, I'm just dad'**

**Q&A with the mayor**

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# Music biz reaps big profits for province

ARTS

## Entrepreneur revenue at an all-time high

Braeden Jones
Metro | Winnipeg


Music makes the province go 'round.

Or, more accurately, the music industry generates $4.12 for every $1 invested, which is pretty darn good if you ask Sean McManus, executive director of Manitoba Music, which recently released its quadrennial economic impact report.

The report details how the local music industry hauled in $15.7 million in Manitoba tax revenues, representing a net return of $12.6 million in direct and indirect tax revenue.

But beyond that single highlight, Soundcheck: An Economic Impact Analysis of Manitoba's Music Industry delves into the economic growth that's music to McManus' ears.

He notes the $93 million in GDP generated by the local music industry in 2015 is a 31 per cent increase over the last audit in 2011, and the total fiscal impact of $32.2 million in generated tax revenues has increased by a similarly impressive 22 per cent during the same time period.

"Those are in some ways the sort of nerdy economist numbers, but they also show that our industry is a real industry making a meaningful contribution to the economic side of the province," McManus said. "I think everybody recognizes the cultural value … but it all adds up."

> **If they don't have a big label, they become the label.**
>
> Sean McManus

The collision of cultural value and economic spinoff is in part embodied by a notable shift away from music companies or labels towards "artist entrepreneurs," or indie artists.

The report notes artist entrepreneur revenues reached an all-time high of $40.8 million in 2015.

"We definitely saw a shift, (which) shows it's been a difficult environment for record labels across Canada and Internationally as the industry moves from record sales to live activity," McManus explained.

Live performance and ticket sales accounted for 50.2 per cent of the entrepreneurial revenue.

"A lot of that activity is being driven by the artists.… If they don't have a big label, they become the label," he said. "Rather than economic activity being centred in the label, it's centred in the artist as a business."

Successful local examples like Yes We Mystic, Mitchell Schimnowski and others have turned to live performances and aggressive leveraging of social media to build audiences and move their careers forward.

## 'GET HELP'

**Daughter of missing 51-year-old grandmother speaks out for the first time about mom's mental health issues**

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Olga Shipowick and, inset, her mother Helena Schwab. LYLE STAFFORD/FOR METRO; CONTRIBUTED


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# Bike grid plan 'on life support'

CYCLISTS

## As Calgary OKs cycle track, Winnipeg's idea is stalled

**Braeden Jones**
Metro | Winnipeg

Imagine biking all around downtown Winnipeg in a network of safe, protected bike lanes.

It might sound like a dream inspired by far-flung, bike-friendly Utopias like Amsterdam, but it's actually a new reality to one of Winnipeg's western neighbours: Calgary.

That city's downtown cycle track — originally pitched as a pilot project in 2014 but since a proven success with heavy usage — will be a permanent fixture and selling feature for the city after Mayor Naheed Nenshi and nine other councillors voted to keep it in place forevermore.

Calgarians rejoiced on social media, one tweeting "where were you when the #yycbike cycle track got made permanent?"

If the answer to that question is "in Winnipeg," it's probably followed by "being jealous."

Winnipeg very nearly had the chance to follow Calgary's example in late November when Coun. Janice Lukes proposed administration look into the cost and other requirements associated with fast-tracking an adjustable grid of protected downtown bike lanes by 2018.

But instead of researching what it would take to make something happen, the infrastructure renewal and public works committee changed the motion and asked administration to take 120 days to determine if the concept fits in with the city's existing plans.

So instead of gearing up to do what Calgary did, Winnipeg is looking backwards.

Lukes said she's glad her motion isn't dead yet, but laments "it's on life support."

She said Calgary's careful implementation, thorough data collection and eventual study of the pilot seems to have swayed sceptics there.

The Calgary city council vote to pilot their cycle track was split with eight yays and seven nays, but the vote to make it permanent was 10 to four.

"What I hear in that is people who were really against it have listened to the public (and data) and were swayed — sometimes people have to actually see something to believe it," she said, adding Winnipeg councillors don't get to see it here yet. "We are just studying it… we're not even at the point where we vote if we do it or not."

She said she admires Nenshi and the "bold" councillors in Calgary who simply "went for it."

"I'm full of green envy, absolutely, but you know what I'm proud of them for being pioneers," she said.

Lukes added that their pioneering makes a valuable case study for Winnipeg if the city should ever decide to be so bold.

"Sometimes leaders need to look to other leaders… look to other cities for best practice," she said. "If they can do it, so can we."

**A biker braves the Winnipeg cold.** Calgary's cycle track is permanent, while Winnipeg's similar vision is in trouble.
LYLE STAFFORD/FOR METRO

### Bike Winnipeg's holiday wish list

- A downtown protected bike lane network by 2018, including protected Bike Lanes on Main Street, Provencher Boulevard and Arlington Street from Portage to Inkster.
- New policy, similar to Portland's, that makes the installation of protected bike lanes the default.
- Proper and timely snow clearing of bike lanes.
- Fill the bike lane gaps in the North Winnipeg Parkway (especially beneath the Harry Lazeranko Bridge).
- A University of Manitoba-South St. Vital pedestrian and bike bridge.

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# Long work days, but 'just dad'

As 2016 draws to a close, Mayor Brian Bowman sat down with Metro to reflect on the year that was, and look to the challenges that lie ahead. This Q&A has been edited for clarity and length.

**STEPHANIE TAYLOR** METRO WINNIPEG

Brian Bowman does a lot of balancing — whether it's the needs of Winnipeggers or the needs of his own family. LYLE STAFFORD/ FOR METRO

**For you, what was the toughest choice in 2016?**

One was the Year of Reconciliation and how hard we wanted to press on that. I mean I've made no secret of the fact that I had folks saying, 'Don't touch it with a 10-foot-pole.' It was the right thing to do ... I've tried to do my part, but it's really the grassroots organizations, it's colleges and universities.

**How concerned are you about the province making cuts, given a projected deficit that exceeds $1 billion?**

On one hand, I appreciate the fact the provincial government was elected to get their financial house in order and to balance their budget and that's something we do. That being said, we want to ensure that the dialogue is there with us to ensure that Winnipeg and Winnipeggers aren't disproportionally affected as a result of that. Am I concerned? Absolutely.

**Is your goal of having the Portage and Main barricades down by 2019 still achievable?**

I think it is. I do. Time will tell. There's a lot of parties involved. Ultimately council will have to weigh in. It's going to be difficult to try and get them open. My hope was and is that we could do it before the Canada Summer Games. May not be possible. We'll see.

**Two years into this job, how have you and your family adjusted to this demanding role?**

I put in long hours. I'm working usually by about 5 a.m., and notwithstanding evening events I usually try to shut down around 7 p.m., so probably 14-hour days, five days a week. Probably 10 hours at least on the weekend, depending on the time of year and community events, but probably out in 80 to 100 hours a week, I would say. I've always worked hard, even when I was in practice. But I also have no problem shutting down, and just putting on some sweatpants, pyjamas with the kids and that hasn't changed at all. When I'm home, I'm just dad. I'm not the mayor. That hasn't changed.

**How much time did you take off in 2016?**

You're never off in these jobs. Literally Christmas Day I will get a briefing.

You never have a day where you're not working. In terms of out of the office, I took about a week in August. I'll take a few days next week. In terms of the year, it would be a couple of weeks.

**Would you ever take six to eight weeks (like Premier Brian Pallister, who will spend that amount of time on his Costa Rica property next year)?**

Any elected member of parliament, the legislature or council makes up their own decisions in terms of where and how they work.

I haven't to date and I continue to stay pretty close to home.

**Do you have your Métis card?**

No. I've thought about it. My sister, my other family members all have theirs.

I'm proud of who I am, but I'm a Winnipegger first and foremost and as mayor, I want to ensure that I'm doing my best to ensure that all Winnipeggers know I'm looking out for their interest, regardless of whether they're Métis, First Nation or Inuit.

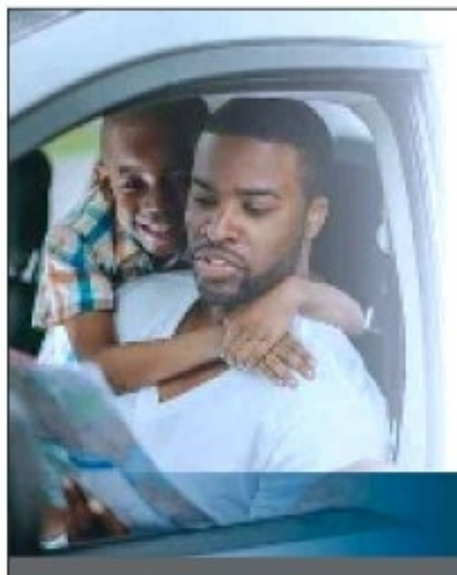
**Do you think getting a status card would somehow detract from the image of being a Winnipegger first?**

No. I've talked to a lot of people who do have their card, especially family members, and some feel a tremendous sense of pride in getting their card and I don't want to take anything away from that.

On the other hand, I don't feel compelled to go get a card to be who I am. I mean my wife is Ukrainian, she doesn't have a card.

I do think it's a very personal decision that people make when they apply.

> "I've always worked hard, but I also have no problem shutting down, and just putting on some sweatpants, pyjamas with the kids and that hasn't changed at all. Mayor Brian Bowman

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# 'She could be anywhere'

INVESTIGATION

## Address mental health issues, urge family of missing woman

Jessica Botelho-Urbanski
For Metro | Winnipeg

Olga Shipowick at the banks for the Red river along Waterfront Drive in Winnipeg Manitoba. Skipowick is the 26-year-old daughter of Helena Schwab, a 51-year-old grandma who went missing last week. JESSICA BOTELHO-URBANSKI/FOR METRO

They remember her as "very jolly," "loud" and "always positive."

For the first time, the family of a 51-year-old woman who went missing last week is speaking publicly to encourage others to talk to their loved ones about mental health issues.

"Don't ignore it, just talk about it. Get help. There's lots of help," Olga Shipowick, the 26-year-old daughter of Helena Schwab, told Metro.

Schwab was last seen the morning of Dec. 13 — the morning Shipowick had planned to drive her to the hospital.

Her mom had told her she was hearing voices in her head the night before, but when Shipowick arrived to take her to hospital, Schwab said she wanted to go for a walk alone instead.

Shipowick said she asked her mom if she was going to hurt herself and her mom said "no." She asked her mom to keep her phone on and said they would talk later.

But no one has heard from Schwab since.

"This came out of nowhere, like I didn't see any red flags up until (last) Monday," Shipowick said in an interview along the banks of the Red River.

> **Now that we look back, you start (thinking), 'oh, that was off and that was off.' But that's only now that she's gone.** Olga Shipowick

"It's not like we knew she had a problem and didn't get help. She didn't tell us, she didn't say anything. And now that we look back, you start (thinking), 'oh, that was off and that was off.' But that's only now that she's gone."

A couple witnessed a person with red hair walking on the Red River near the Provencher Bridge on the same day Schwab went missing, police told Shipowick.

The couple lost sight of the person temporarily and when they saw her again, she was disappearing below the icy surface.

Investigators later found Schwab's car abandoned near Waterfront Dr. and Lombard Ave.

The police dive team wasn't able to recover a body from the river and are unable to confirm that Schwab went into the river, a spokesperson told Metro by email.

Shipowick said her mother's distinctive sneaker prints — round, bubbly Skechers soles — were the only ones spotted near the riverbank.

The missing persons unit continues to investigate, but can't confirm they will search the river again this year, though ground searches will continue, the police spokesperson said.

"She could be anywhere at this point. I think they could be looking and looking and looking. It's all luck if they find her or not," Shipowick said. "They tried and that's okay."

The family hopes police will start searching the river again come spring.

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# Extra gains, extra pains for musicians

RESEARCH

## Holiday concerts can cause repetitive strain injuries

Dr. Christine Guptill, who plays the oboe, is urging musicians not to overwork themselves this year. KEVIN MAIMANN/METRO

Many classical musicians get the same things for Christmas: A lot of extra work and a lot of extra injuries.

Indeed, one occupational therapist at the University of Alberta, who also plays the oboe, is using her experience with musical-induced injuries as inspiration to for new research into the strange spike in injuries that musicians face each year at Christmas.

Christine Guptill said the holiday season puts extra strain on the musically inclined — especially classical musicians in high demand for Christmas themed concerts — and this often leads to injuries.

"Just imagine you were working out. You have your regular workout routine and then all of a sudden someone tells you (that) you should be working out an extra 40 hours a week," said Guptill.

Guptill said musicians in general face more work-related injuries than people in most other occupations, and those injuries peak this time of year.

Most, like tendinitis and nerve compression, are related to repetitive strain. Some, like focal dystonia, are almost unique to musicians.

"A lot of musicians get heavily into what they're doing and they're not necessarily athletic types, and so they didn't necessarily get the background they should have in how you can protect yourself from these things," said Guptill, who has suffered several injuries as an oboist.

A recent Australian study showed 84 per cent of musicians had physical problems related to playing their instrument at some point in their career.

Popular shows like Nutcracker will run multiple times in a weekend over the holidays, and while the dancers will often take shifts, musicians will not.

With a tendency toward freelancing in the music world, most take on extra work whenever they can get it.

Guptill said it's important to have good posture when practising, not to spend too long hammering over the same difficult passage, and to take frequent breaks.

"About every half hour, people should be taking a five-minute break. If you're injured it should be more frequent," she said.

Guptill added that exercise outside of music is important as well — so if musicians can eke out any spare time they should consider spending it on yoga, jogging or swimming.

# Stranded crew gets a dose of cheer

The stranded crew of an empty container ship tied up in an international bankruptcy issue received a shipment of donated holiday cheer Tuesday, including a Christmas tree, a pig and 90 kilograms of barbecue coals.

Several maritime labour groups and members of Victoria's Filipino community gathered up more than a tonne of Christmas provisions for the 16-member crew of the 255-metre Hanjin Scarlet, anchored off Saturna Island, about 70 kilometres northeast of Victoria.

Crew members talk as food, supplies and gifts are delivered. THE CANADIAN PRESS

"It's lonely," said sailor Romeo Cabacang from the Philippines. "But all the crew, we are very happy for the early Christmas gift. We are very happy."

Cabacang, 40, who is married with two children in Manilla, said he's been on board the ship for 10 months, but doesn't know when that will change.

The South Korean and Filipino crew members have been technically homeless at sea since August, anchoring for months at a time outside Prince Rupert, Vancouver and the Southern Gulf Islands. They are being paid, but say they can't afford to leave the ship and their jobs.

THE CANADIAN PRESS

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TERRORISM

# Daesh claims responsibility for Berlin attack

A memorial near the Christmas market that a truck ploughed through on Monday in Berlin. AFP/GETTY IMAGES

Daesh claimed responsibility Tuesday for a truck attack on a crowded Berlin Christmas market that German authorities said came right out of the extremist group's playbook, inflicting mass casualties on a soft target fraught with symbolic meaning.

The Monday night attack on the popular market by the Kaiser Wilhelm Memorial Church in the heart of former West Berlin left 12 dead and 48 injured, the first mass casualty attack by Islamic extremists carried out on German soil. German security forces were still hunting for the perpetrator after releasing a man from custody for lack of evidence.

The claim of responsibility carried on Daesh's Amaq news agency described the man seen fleeing from the truck as "a soldier" of Daesh who "carried out the attack in response to calls for targeting citizens of the Crusader coalition."

Germany is not involved in anti-Daesh combat operations, but has Tornado jets and a refuelling plane stationed in Turkey in support of the coalition fighting militants in Syria.

The claim of responsibility came not long after German prosecutors said they had released a man picked up near the scene of the attack, initially suspected of driving the truck.

The man, a Pakistani citizen who came to Germany last year, was taken into custody based on a description from witnesses of a suspect who jumped out of the truck and fled. THE ASSOCIATED PRESS

Members of the Turkish forces honour guard carry the coffin of Russian Ambassador to Turkey, Andrei Karlov, who was assassinated Monday. EMRAH GUREL/THE ASSOCIATED PRESS

# Nations may grow closer

ASSASSINATION

## Russia, Turkey could see age of co-operation

The assassination of Russia's ambassador to Turkey could actually bring the two regional powers closer together, with Russia reaping political benefits by arguing that it has paid a high price for fighting terrorism as Turkey, embarrassed by its security breaches, increasingly co-ordinates with Russia in neighbouring Syria.

The two nations were already trying to resolve their differences over the war in Syria since Turkey shot down a Russian military jet along the Syrian border last year.

The measured reactions of their leaders to the killing Monday night of Ambassador Andrei Karlov by a Turkish policeman in Ankara shows they want to stay on the path toward reconciliation.

The prospect of closer ties between Russian President Vladimir Putin and Turkish President Recep Tayyip Erdogan could have implications for the West, which has had contentious relations with both leaders and is also trying to engineer a solution to the Syrian war and the millions of refugees it has created.

While both Russia and Turkey are involved in Syria, Russia is the senior partner in any deal-making in a conflict that has sent several million refugees across the border into Turkey, straining its resources and economy.

Analyst Dimitar Bechev said Russia could now have additional leverage and extract concessions from Turkey, including on Syrian issues, following the ambassador's death. THE ASSOCIATED PRESS

# Photographers deserve recognition

Eduardo Lima
Metro | Toronto

There's a lot I'll never know about the photographers who captured the assassination of Russian Ambassador Andrei Karlov.

I don't know how brave they are, and I can't imagine what went through their minds as Mevlut Mert Altintas opened fire at a run-of-the-mill press event.

What I do know is this: Bravery is not the only factor involved in being able to take pictures in an unexpected situation. It's also professionalism.

The settings on their cameras were perfect. The framing is almost cinematic. And they didn't flinch even once. Standing less than five metres away from a man who could have taken their lives, Burhan Ozbilici and Yavuz Alatan held their ground and did their jobs.

As photographers, we love taking pictures and as photojournalists, we relish the opportunity to record history. There's an invisible switch that photographers flip once a camera is in our hands. It makes us aware of everything around us and it makes them eager to climb trees, jump fences, lay flat on our stomachs, just for the sake of a picture.

Ozbilici and Alatan will both be likely candidates to win a prize from the World Press Photo Foundation next year. But, beyond that, they drew attention this week to the thousands of photographers who've dedicated their lives to making the pictures that make history.

Bravery aside, their excellence deserves our recognition.

Eduardo Lima is Metro Toronto's chief photographer. He has worked on projects in Southeast Asia, Africa and the Middle East and won multiple awards for his work.

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# ‘Public pressure works’

HUMAN RIGHTS

## Beauty queen puts spotlight on alleged organ trade in China

**Anastasia Lin, Miss World Canada winner, is speaking out about human rights abuses in China.** TORSTAR NEWS SERVICE

Anastasia Lin says when she first learned about allegations the Chinese government was harvesting organs from religious prisoners to fuel its transplant industry, she decided to use an unconventional platform to raise awareness.

Lin spoke out about the alleged plight of Falun Gong practitioners in China while taking part in the 2015 Miss World Canada beauty pageant, which she won. Since then, she has become an outspoken critic of the Chinese government.

“To not do anything is just so wrong,” said Lin, 26, who is based in Toronto but spent her teenage years in Vancouver after emigrating from China with her mother.

“Public pressure works. We have way more leverage than we think we do,” she said. “We might think that China is this big, tough bully that just doesn’t listen to anyone. But that’s not true.”

Falun Gong is a spiritual practice that emerged in China in the early 1990s, but by the end of the decade it had prompted a crackdown by the Chinese Communist Party. Falun Gong spokesman Joel Chipkar alleges the persecution was prompted by the organization’s unwillingness to cede control to the Chinese government.

Reports from human rights organizations such as Amnesty International have emerged of thousands of imprisoned Falun Gong followers being executed for their body organs.

Multiple requests for comment to the Chinese Embassy in Ottawa and the Chinese Consulate in Vancouver went unanswered.

Lin said she was originally inspired to take a stand on the issue by the advocacy work of former Miss World Canada Nazanin Afshin-Jam, who is married to former federal attorney general Peter MacKay.

In 2015, Lin was declared persona non grata by the Chinese government and barred from entering China when she tried to travel there to represent Canada in that year’s Miss World pageant.

Miss World 2016 took place in Washington, D.C., and this year Lin was able to take part.

“My one goal was not the tiara,” Lin said. “I just wanted to be on Chinese television. ... If they can see me on stage they will know (I have not given up), so neither should they.”

She also wanted to be seen by her father, who she said has been barred from leaving China because of her activism.

Miss World 2016 wrapped up last weekend, with the contestant from Puerto Rico taking the crown.

Chipkar, a Toronto-based spokesman for Falun Gong, applauded Lin for helping shed light on the organ-harvesting allegations.

“Any awareness to these crimes is like a light bulb that comes on in a dark room,” Chipkar said. “As soon as the light comes on, the darkness disappears.” THE CANADIAN PRESS

MEXICO

## 29 dead, scores injured in blast at fireworks market

An explosion ripped through Mexico’s best-known fireworks market on the northern outskirts of the capital Tuesday, killing at least 29 people, injuring scores more and sending a huge plume of charcoal-grey smoke billowing into the sky.

Mexican Federal Police announced via its official Twitter account what it called the preliminary toll from the afternoon blast at the open-air San Pablito Market in Tultepec.

“My condolences to the families of those who lost their lives in this accident and my wishes for a quick recovery for the injured,” said President Enrique Pena Nieto via Twitter.

Sirens wailed and a heavy scent of gunpowder lingered in the air after the afternoon blast at the market, where most of the fireworks stalls were completely levelled. The smoking, burned out shells of vehicles ringed the perimeter, and first responders and local residents wearing blue masks over their mouths combed through the rubble and ash.

The Mexican Red Cross said it sent 10 ambulances with 50 paramedics to the scene.

National Civil Protection Coordinator Luis Felipe Puente told Milenio television that some nearby homes were also damaged. THE ASSOCIATED PRESS

**Smoke billows from an explosion at a fireworks market in Mexico.** TWITTER


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metro VIEWS
Your essential daily news
Wednesday, December 21, 2016

## JESSICA ALLEN ON SILVER-SCREEN ESCAPISM

# I know a thing or two about nostalgia and I am sensitive to others using my weakness to emotionally manipulate me.

My Christmas tree lights conked out the other night. They were a multi-coloured set that cast a soft, foggy glow, like the tree lights from my childhood, probably because they are literally the tree lights from my childhood. I can't bring myself to replace them with those new, garishly bright (and safer) LED lights. So the tree sits in darkness.

This all goes to say that I know a thing or two about nostalgia. Yes, I take it too seriously, which is why I am sensitive to others using my weakness to emotionally manipulate me. For example: Stranger Things, the thrilling sci-fi Netflix series set in the '80s that provided a quick fix of that decade's greatest cultural hits. But when the buzz wore off, it felt a little superficial — like high-end audio equipment that's deliberately designed to look like a radio from the '20s. That's nostalgia in a nutshell: It makes you melancholy for a time you'll never get back, or even for a time you didn't exist in.

And now there's La La Land, which opens on Christmas Day, to contend with. Even if you don't follow award blogs, you know that the film, written and directed by Damien Chazelle, is —alongside Moonlight and Manchester By the Sea — an Oscar contender for best picture. But when the masses tell me I'm going to love something, my knee-jerk reaction is to hate it.

**The whole Manichean world of comics was a response to the same social conditions that gave us Busby Berkeley.**

"Though bathed in affection for the song-and-dance magic of vintage Hollywood" Brian D. Johnson of Maclean's recently wrote, "it has a keen contemporary edge. As both a musical and rom-com, La La Land subverts as many conventions as it fetishizes, while wrapping its love story around the frustration of two artists holding out for truth and beauty amid a showbiz world enslaved to money."

"We'll see about that, Brian," I thought to myself just before a recent screening of the film. I stewed in my seat thinking about all the ways it would cheapen my love for the classic films I knew it would reference. Like Bringing up Baby and Casablanca, which were both shot on the Warner Bros. lot where Mia (Emma Stone), an aspiring actress, works as a barista. Ryan Gosling plays Sebastian, a struggling musician who dreams of preserving the great American art of jazz. He introduces Mia, who equates jazz to Kenny G, to the artistry of Kenny Clark, among others.

I successfully willed myself to hate La La Land for approximately 30 seconds, when I looked down and saw my feet tapping to the music. And although I was distracted by the overly produced dubbing during the big group musical numbers, not to mention Gosling having at least one hand in his pocket at all times — even when he's playing the piano — I liked it. It was magical, like everyone said it would be, and the unexpected ending is seeped in ennui, just like my Christmas tree lights.

Ryan Gosling and Emma Stone in a scene from La La Land.
LIONSGATE/THE ASSOCIATED PRESS

And here's the thing: I did feel manipulated, but somehow, with the cinema lights low, I didn't mind La La Land taking the lead in transporting me far away from the cynicism of 2016.

Chazelle is not clairvoyant: He's been trying to get La La Land made for five years, so the timing of its release this year, which by most accounts has been awful, is coincidental. But it's telling he that he mined vintage Hollywood to soothe a culture desperate to escape.

The genius of Hollywood filmmakers in the '30s was that they found beautiful ways to offer escape from the reality of the Depression and the rise of fascism. Audiences were enchanted by Fred and Ginger, and Shirley Temple, while socially realistic movies, like Charlie Chaplin's City Lights and Modern Times, made them smile despite the darkness.

For the last decade, the dominant form of escape has been the superhero-super-effects-big-budget-CGI extravaganza. They don't bear much resemblance to an angel-faced child singing about the good ship Lolly Pop, but Superman, Batman and the whole Manichean world of action comics was a response to the same social conditions that gave birth to Busby Berkeley's spinning stages.

Our world — in which a literal super villain stirs up hatred on Twitter from a fortress of solitude in Gotham City while he waits to take the highest office in the land — may be no less complicated. In fact, our purveyors of escape might have to work harder.

"During the Depression, when the spirit of the people is lower than at any other time," President Franklin Roosevelt said in 1934, "it is a splendid thing that for just 15 cents an American can go to a movie and look at the smiling face of a baby and forget his troubles."

The ticket price is higher 82 years later. But I think the sentiment is the same, especially on Christmas Day when so many go see a movie to escape everything from their credit card statements to racist Uncle Gary who's staying for the holidays.

The lights go down, and it's magic.

**Jessica Allen** is the digital correspondent on CTV's The Social.

## VICKY MOCHAMA

# Trump politics aren't coming to Canada — they're already here

Donald Trump is already in Canada, and he can be found the heart and minds of Canadians. There's a tendency to think that Canada is safe from such phenomena. But based on the attitudes of Canadians, not only are we not free from it but also we're susceptible.

In Canada, the xenophobic and racist attitudes that propelled Trump aren't far beneath our "sunny ways" and "refugees welcome" surface.

Forum Research released a survey which found that of 1,304 Canadians, 41 per cent have an "unfavourable" feeling about one of the following groups: Muslims, First Nations, South Asians, Jews and black people. The use of the word "unfavourable" even feels like a way to shield racism, as if the KKK were merely an organ of unfavourable opinion.

Racist attitudes though aren't just hidden in seemingly innocuous phrasing, they're evident in what is perceived to be true. An exhaustive poll of global attitudes found that Canadians think that Muslims constitute 18 per cent of our population when, in fact, they're only three per cent of the country. Despite our progressive and multicultural self-image, Canadians vastly overestimate the population of Muslims. For example, Canadians think that in 2020 a full 26 per cent of the country will be Muslim when the population is expected to stay about the same as now. This notion of a vast-yet-ultimately-mythical population is what politicians of the Trump-Farage-Leitch ilk rely on.

A CBC-Angus Reid poll found that 68 per cent of respondents felt that minorities should be doing more to fit in with mainstream society instead of keeping their own customs and values. In this, we are no better than our American neighbours. When the same questions was put to Americans, only 53 per cent felt the same way.

There is no question that racists in Canada have been emboldened by the events in the U.S. Racialized citizens across the country have been sharing their own stories of being attacked based on their (perceived) race. Last week, our colleague Irene Kuan shared how a man on the subway told her to "go back to Hong Kong." She is from Toronto.

The question is how do we prevent racial resentments from upsetting our democracy? Our institutions — schools, police, media, etc. — must acknowledge that they help perpetuate those attitudes. (Why does my industry only report the race of criminals when they are not white?)

Finally, white Canadians, including ethnic whites, need to publicly speak about their privileges and challenges. Racism thrives on asking non-whites to prove and adapt to their oppression while requiring little labour from those who most benefit.

Racism — overt and covert — remains pervasive. These surveys are proof of our past, but the attitudes found within need not be our future.

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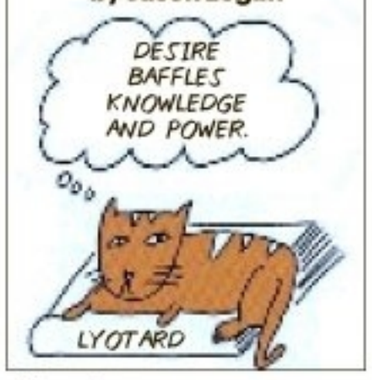


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metro LIFE

Your essential daily news

Light exercise may help concussed kids recover faster, CHEO's Dr. Roger Zemek finds in study

# Mulled wine and hot chocolate: Better together or a sludgy mess?

Some things just go together: Caramel and salt, tomato and oregano, and, according to this season's latest food fad, red wine and hot chocolate. But does this best-of-both-worlds beverage deserve its social-media star status? We enter our test kitchen to find out. GENNA BUCK/METRO

Armed with half a pound of chocolate, a bottle of red wine, and three colleagues as guinea pigs, the Metro Life staff set out to mix up our own version of 2016's trendy holiday drink: red wine hot chocolate.

It's exactly what it sounds like — a combination of two beloved winter warmers which, for some reason, no one thought to put together before now. By the end of our experiment, we had a better idea of why.

First, we mulled two cups of red wine (Hardy's Shiraz Cabernet Sauvignon) with two heaping teaspoons of sugar, a few orange slices and a handful of spices — cinnamon sticks, freshly grated nutmeg, juniper, star anise and ancho chili.

In another pot, we heated a litre of two-per-cent milk to steaming and slowly stirred in 200g of chopped dark chocolate (70 per cent cocoa).

Once both were piping hot, we strained the wine into the chocolate mixture. And that's when things started to go a little sideways.

No matter how much we stirred and sieved, the chocolate never fully melted, leaving us a drink with a curdled, chalky texture and a bracing, acidic taste: not exactly luxurious. Though, according to our section editor Emina Gamulin, "It grows on you."

We agreed the beverage would be better with a sweet milk chocolate, and a lot less of it.

In a moment of inspiration, we added a healthy glug of whipping cream to one of the mugs and zapped it in the microwave. That tasted more like something we'd want to drink in front of a roaring fire.

Metro Life's Emina Gamulin and Genna Buck made the drink that's been praised by food bloggers, Instagrammers — even the New York Times and Cosmo mag. METRO

As the instagrammers say, this treat is #sorich, but if you'd like to gild the lily, whipped cream or marshmallows would be an ultimate garnish.

And it's the holidays, so why not both?

## INITIAL THOUGHTS

## VERDICT

**Vicky Mochama**
Metro's daily columnist was intrigued. "Is this what the kids on Instagram are drinking?"

Not impressed. "It has a porridge-like consistency."

**Luke Simcoe**
Our senior reporter turned down whipped cream and marshmallows: "Nothing you put on this is going to make me like it more."

"Wine and milk, together at last? That's just not a thing people say."

**May Warren**
Metro's city reporter is an adventurous eater. "I'm excited," she said before our taste test.

May pulled a pained face and said, "so disappointing."

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JOEY'S RESTAURANTS

# Does this filter make my ears look big?

CANDID CATMERA

## New app that helps your cat paws for the perfect selfie

Kris Abel
For Metro Canada

Among cats, it's curiosity that leads to the best selfies. That's according to the makers of Candid Catmera, an iPhone and iPad app that uses virtual fish, mice, and laser pointers and others treats to entice your feline to come play in front of your mobile device.

"I like the one with the can-opener, opening up the can of food," says Jen Mete, the Halifax-based producer who worked on the app for Current Studios.

Getting a cat to stand in front of the lens is one thing, to make sure the camera catches them when they're looking the right way the app uses very sophisticated software.

"We affectionately refer to it as feline facial recognition," explains Mete. "It automatically takes a series of photos and analyzes the characteristics of the subject and only saves the ones of your cat to the gallery."

So you can take a selfie with your cat, for example, but your cat has to always be in the shot. It's a cat-only app.

"Like if I put my face up to it, it might take a photo," explains Mete, "but it won't save the photo because after it goes into the cat recognition filter, it'll decide that I am not a cat."

It's not just the need for pointed ears and whiskers, the software is built to recognize fur on faces too. But again, only feline ones.

"People ask 'Why don't we do it for dogs?' well, actually it's a little trickier because dogs all have very different characteristics," says Mete. "But whereas cats all have fairly similar characteristics, so that really helped while building up our database of traits to track."

Once the app is running on your device, the app will snap cat selfies even if you're not home and send them to your phone for approval and sharing on social media.

For every copy of the app sold, $1 goes to the SPCA whose cats helped test the technology.

"We spent a couple of days with them, testing out the app, and what I found pretty exciting is that they actually enjoyed playing with the app," says Mete. "I'm a huge advocate for animal welfare and it hits me on both sides, like professionally, what an incredible piece of technology while doing something wonderful for the cats as well."

Launched in time for the holidays, the creators are looking forward to seeing what people do with it.

Asked if the feline facial recognition system might have trouble with costumes Mete is confident the app will still work.

"As long as they don't cover the face, if they put a costume on their cat, a hotdog or a unicorn or something, as long as the app can still see the characteristics of their face, it should be fine."

### GET SNAPPING

- The app costs $2.79, availbale at candidcatmera.com
- $1 of each app sold goes to the SPCA, whose cats helped test the technology
- If you download it, share your cat selfies with us at scene@metronews.ca

**Candid Catmera uses high-tech feline facial recognition to help kitty take the perfect selfie — even when they're left alone.** CONTRIBUTED

FOOD

## Rise of the gastro getaways

There's no better way to soak up the culture of a country than through its food, whether it's experienced through walking tours, cooking classes or hands-on demonstrations.

Food, wine and beer festivals around the world draw foodies eager to combine noshing and sipping while viewing the sights. Snaps on social media, food blogs and magazines also tempt travellers.

"Celebrity chefs and TV programs, we think, have played a huge role in gastronomy being a huge motivation for today's travellers," says Timothy Chan, public relations manager for G Adventures, a worldwide travel company founded by Bruce Poon Tip in Toronto in 1990.

One of those celebs is Anthony Bourdain, the globe-trotting host of "Parts Unknown," who has spent 250 days a year on the road chronicling food and culture.

"More and more people clearly are travelling for food. There's no faster way to get a clearer picture of a country and a culture, or interact with people than over food," he said.

"It's a way we talk to each other and communicate and show affection and try to reach out to one another by nurturing each other. There's so much information on every plate of food as you go from country to country, so it's both fun and useful to understand a place."

Canadian experts are leading food-centric tours to exotic locales.

Author Naomi Duguid has spent 25 years researching the cultural and culinary aspects of far-flung countries. Her most recent book is "Taste of Persia," which chronicles the rich heritage and culinary cross-influences found throughout the region that centres on Iran.

"You can understand things through the food," says Duguid, who calls a tour she's leading at the end of January to Chiang Mai in Thailand a "combo cooking-food-shopping-eating immersion course." She says many people combine that trip with one to Burma that follows. She's also hoping to take small groups on trips to Iran and Georgia.

The popularity of "local living" tours of the Amalfi coast and Sorrento areas has led G Adventures to add more food-focused outings to the Garfagnana area in Tuscany and Umbria to the north. Participants learn to make pasta with grandmothers who share family recipes, and taste olive oil and limoncello in between hiking, biking and sightseeing. The company is introducing short trips in 2017 to a Naples pizza fest, a Belgian beer tour and La Tomatina festival in Valencia, Spain.

But Canadian foodies needn't go abroad. They can experience fare from top chefs in delicious destinations like Tofino, B.C., Bay Fortune, P.E.I., and Fogo Island, N.L., to name a few. THE CANADIAN PRESS

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*From all of us at Winnipeg Old Country Sausage, we wish everybody a safe and happy Christmas!*

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Shakey Graves' music is a cross between blues, folk and rock and roll. JOEY SENFT

# Catch concerts at the Park

For the past seven years when the Winnipeg Folk Festival has considered venues for the concerts it hosts throughout the year, the Park Theatre has been on its short list.

"It's a venue that a lot of us grew up going to when it was a movie theatre," says the Festival's artistic director, Chris Frayer, of the Park, which is now in its 11th year of operations and hosts more than 300 events yearly that span music, comedy, theatre and film. "Since then, it's become one of Winnipeg's premier live event venues."

But the Park's history began well before 2005. It first opened in 1915 and was a movie theatre for 73 years then sat vacant for nearly a decade before its revival as a performing arts venue.

Aside from the Park's long history and versatility — with its main stage, seating room for 250 or standing room for 386 and a small stage in the lobby — Frayer says it is its surrounding neighbourhood that makes the venue especially unique. Located in the densely populated Riverview area, the Park is surrounded by restaurants, shops and homes.

"What I love is that it isn't a destination venue," says Frayer. "It's the only neighbourhood venue in Winnipeg and that means it is immersed in the community. The connection the Park has to the community makes the live music scene in Winnipeg even stronger."

For Frayer, who has been in the promotion business for 17 years, it's no surprise that in 2014, the Park was awarded Venue of the Year at the Western Canadian Music Awards, after being nominated for the same award in 2012 and 2013.

"I have lots of war stories but I don't have anything Park-related and that's a good thing," he says. "It is a good partner with great management and technical team. Besides, do you know any other venues with $5 coat check that comes with a shot? Once, we ran out of tequila."

### *Upcoming Festival attraction*

*The Festival will host its next event at the Park on Feb. 14 when it welcomes Benjamin Francis Leftwich.*

*For more Park events, visit mypark-theatre.com/event-calendar.*

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# Strong enough for most jobs

REVIEW

## Ridgeline's driving dynamics can't be beat

Stephen Elmer
AutoGuide.com

Towing 5,000 pounds (2,268 kilograms) isn't what it used to be. The weight of steel and wood hasn't changed but the towing capabilities and capacities of the vehicles responsible for moving them sure have.

We have half-ton trucks that can pull about 5,500 kg, heavy-duty pickups that can move almost 14,000 kg and a new crop of midsize trucks that are as capable as last decade's half-tons. For most hauling needs, today's midsize pickup is more than enough, and with Honda's redesigned 2017 Ridgeline, you get a unique proposition in the segment.

Honda rates the Ridgeline to tow 2,268 kg, falling short of the Toyota Tacoma's 3,084-kg max rating and the Chevy Colorado's max rating of 3,493 kg, though in the payload department, the Ridgeline stacks up well. It is the only midsize pickup to use a multi-link independent rear suspension, rather than a leaf spring setup.

Canadian Ridgelines get all-wheel drive as standard equipment.

Spec for spec, Honda's small pickup is about on par with the competition on most fronts, though it is the tow rating that falls short. Even if you're not pulling the limit every time you tow, having that extra capacity means that you're not stressing your truck as much when you pull.

So can the Ridgeline actually pull at its limit with confidence? We hitched up a large four-place snowmobile trailer that weighs in just shy of the Ridgeline's max capacity.

Easily the best part of the towing experience with the Ridgeline is the way the suspension soaks up all the weight with little issue. Despite the rear end squatting, the front wheels didn't feel light and the nose wasn't pointing straight up into the air. Side-to-side movement felt controlled, and even the trailer's weight couldn't push the truck around.

This translates into the cabin with nice, planted steering feel and little to no torque steer thanks in part to the all-wheel drive.

If the towing experience ended there, the Ridgeline would leave with a stellar report card. Unfortunately there are other parts of the package that are important as well, namely the brakes and the engine.

So it may not be the heavy lifter among its peers, but there is one aspect of the Ridgeline that is second to none: unladen driving dynamics. Thanks to a combination of factors including its unibody construction and independent suspension, the Ridgeline drives like a big Honda Accord on the road, offering absolutely none of the stiff, choppy ride most body-on-frame trucks have.

### THE CHECKLIST | 2017 HONDA RIDGELINE

**THE BASICS**

**Engine:** 3.5L V6
**Power:** 280 hp and 262 lb-ft of torque
**Transmission:** Six-speed automatic
**Fuel Economy:** 12.8 L/100 km city, 9.5 L/100 km highway, 11.3 L/100 km combined
**Price:** Starts at $36,590 (destination included)

**LOVE IT**

- Stable dynamics with weight
- Great unladen drive
- Handy features

**LEAVE IT**

- Lack of integrated trailer brake
- No tow/haul mode
- A little more power would be nice

NEW RELEASES

## 2018 Mercedes E-Class Coupe drops two doors to stunning effect

Jason Siu
AutoGuide.com

Mercedes-Benz has introduced the all-new 2018 E-Class Coupe ahead of its public appearance at the 2017 Detroit Auto Show.

Heading to dealerships in summer 2017, the 2018 Mercedes-Benz E-Class Coupe is longer, wider and taller than its predecessor.

The stylish coupe also sits 3.3 inches taller. As a result, the larger footprint benefits passengers with extra space and comfort, especially in terms of rear legroom, front and rear shoulder room, as well as rear headroom.

For the U.S. market, the E-Class Coupe will initially launch with the E400 and E400 4MATIC models, powered by a 3.0-litre biturbo V6 engine with 329 horsepower and 354 pound-feet of torque.

Both models are equipped as standard with the 9G-Tronic nine-speed automatic transmission, allowing the standard model to go zero-to-97 km/h in 5.2 seconds.

The 4MATIC all-wheel-drive variant does the sprint in 5.5 seconds.

The model will come standard with a central high-resolution COMAND display, and available as an option is the widescreen instrument cluster that is unique to the segment.

Buyers can also opt for an available Sport Package that adds edgier details like front and rear bumpers, as well as side skirts and larger AMG-style wheels.

The package also includes a different front grille with chrome-tipped blocks and an AMG leather sports steering wheel for the cabin.

And since the E-Class Coupe comes standard with COMAND Navigation, it is also compatible with Apple CarPlay and Android Auto. Another highlight of the model is Drive Pilot, a system that represents Mercedes-Benz's next step to semi-autonomous driving. With Distance Pilot Distronic, the car is not only able to keep the correct distance behind vehicles in front on all types of road, but for the first time, it can also automatically follow them at a speed of up to 209 km/h.

> **With its clear, aesthetic lines, our new E-Class Coupe appeals equally to the heart and mind.**
> Dr. Thomas Weber

Expect pricing for the 2018 Mercedes-Benz E-Class Coupe to be announced closer to its launch in 2017.

"With its clear, aesthetic lines, our new E-Class Coupe appeals equally to the heart and mind," said Prof. Dr. Thomas Weber, member of the board of management of Daimler AG and responsible for group research and Mercedes-Benz cars development. "It combines contemporary luxury, agile sportiness and high-tech engineering into an automotive personality with spirit, offering exclusive, refined driving pleasure."

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metro SPORTS

U.S. forward Alex Morgan is leaving the Orlando Pride for European champion Lyon with hopes of becoming the world's best player

# Sens prospect back on the world stage

HOCKEY

## Canadian juniors leaning on Chabot for leadership

Thomas Chabot is hopeful this visit to Canadian Tire Centre will go much better than his last one.

The 19-year-old will get a chance to impress the Ottawa Senators, his future employers, when Canada faces the Czech Republic on Wednesday night in an exhibition game in advance of the upcoming world junior hockey championship.

Chabot was selected 18th overall by the Senators in the 2015 NHL Entry Draft. He survived the cuts out of training camp this season, but played just one regular-season game before he was sent back to the Quebec Major Junior Hockey League's Saint John Sea Dogs after the Senators felt he wasn't quite ready for the rigours of the NHL.

While disappointed by the Senators' decision, Chabot was determined to return to his junior team and make the most of his season.

Chabot has five goals and 20 points through 14 games with the Sea Dogs, but what the Senators are most anxious to see is his performance on the world stage.

Chabot, named an alternate captain for Canada earlier this week, is the team's only returning defenceman and will be counted on to play significant minutes.

**Thomas Chabot is the only returning defenceman from last year's Canadian squad at the world juniors.** RYAN REMIORZ/THE CANADIAN PRESS

"You can't buy experience," said head coach Dominique Ducharme. "To have gone through this before helps you understand what needs to be done and where you need to go and we have five returning guys, but he's the only defenceman so that's an important piece for us."

Chabot has played so far alongside Philippe Myers, a member of the QMJHL's Rouyn-Noranda Huskies, and the two have found early chemistry.

"Defensively they're so mobile that they're right on top of guys and they don't give time and space," said Ducharme. "I like the way they work together and to be playing against them you have to be pretty quick at taking space away from them."

Myers said he much prefers Chabot as a teammate than as an opponent.

"He's one of the best D's in the league and it's a great honour to play with him," said Myers. "He's got great hockey sense, he's a great skater and put all that together and it makes a great hockey player."

THE CANADIAN PRESS

> **I think I grew a lot as a player and became a bit more of a pro player.**
> Thomas Chabot on his time with the Senators

TENNIS

## Kvitova injured in attack with knife

Two-time Wimbledon champion Petra Kvitova was injured by a knife-wielding attacker at her home on Tuesday and had to undergo surgery on her left hand.

An operation that took three hours and 45 minutes revealed that the left-handed player's injuries were "serious," but "there's no reason to think she wouldn't be able to play tennis," her spokesman Karel Tejkal said.

Kvitova will, however, miss the Australian Open and a significant part of the season as she won't be able to fully train for at least three months, Tejkal said.

Kvitova sustained damaged to the tendons in her left hand, along with injuries to all five fingers and two nerves, added Tejkal, who described the incident as a burglary in the eastern Czech town of Prostejov.

"In my attempt to defend myself, I was badly injured on my left hand. I am shaken, but fortunate to be alive," Kvitova wrote on Twitter.

**Petra Kvitova** GETTY IMAGES

"The injury is severe and I will need to see specialists, but if you know anything about me I am strong and I will fight this."

Police spokesman Frantisek Korinek said the male attacker escaped from the scene and was at large. THE ASSOCIATED PRESS

TENNIS

## Raonic has new coach in Krajicek

Canadian Milos Raonic officially made Richard Krajicek his new coach on Monday.

Raonic, from Thornhill, Ont., was looking for a new coach after parting ways with Spain's Carlos Moya earlier in December. Krajicek, who won his only Grand Slam title at Wimbledon in 1996, played a very similar style to Raonic, relying on his big serve throughout his career.

**3**

**Raonic is ranked third in the world.**

"Today was my first practice with Richard Krajicek. It's great to have Richard, alongside my team, for the upcoming season in my attempt to reach new and higher goals in 2017," said Raonic in a post on his verified Instagram account. "I worked with Richard for a few days already last year before Australian Open and I am sure Richard with his experience and being a Wimbledon champion can help me reach my goals. I look forward to doing great things together."

THE CANADIAN PRESS

NHL

## Ducks dominating battles at the dots

The Anaheim Ducks are masters of the draw this season.

The NHL's best faceoff team at 56 per cent, Anaheim put on a clinic Monday night in its 3-2 win over the Toronto Maple Leafs, winning 67 per cent of the total faceoffs (42 of 61), including 20 of 24 in the second period.

The game-winner came on a perfectly executed faceoff by veteran Ryan Kesler. Facing rookie Maple Leafs centre Frederik Gauthier on his backhand, Kesler shuffled the draw directly to his right where Cam Fowler was waiting. The Ducks defenceman whipped the perfect faceoff win past Leafs goalie Frederik Andersen.

"I thought they dominated the circle against us," Leafs coach Mike Babcock said.

Antoine Vermette, far and away the league's best in the circle, emerged on 86 per cent of his 21 draws against the Leafs, including 10 of 11 in the defensive zone. The 34-year-old boasts a ridiculous 65.6 per cent success rate this season, well ahead of Jordan Staal in second place (61.1 per cent).

**65.6**

**Antoine Vermette leads the league in faceoff success, winning 65.6 per cent of the time.**

The former Ottawa Senator second-round pick ranks first in the NHL in the home confines of the Honda Center in Anaheim (67.4 per cent) and first on the road too (64.2 per cent).

THE CANADIAN PRESS

### IN BRIEF

**Hernandez denied a delay to double-murder trial**

Former New England Patriots star Aaron Hernandez has lost his bid to delay his trial in the 2012 killing of two men in Boston.

Prosecutors say a Suffolk Superior Court judge on Tuesday denied a request by Hernandez's lawyer to delay the trial slated to start Feb. 13.

Hernandez is already serving a life sentence for the 2013 killing of Odin Lloyd. THE ASSOCIATED PRESS

**BoSox deal Buchholz to Phils**

The Boston Red Sox have traded right-hander Clay Buchholz to the Philadelphia Phillies for minor-league second baseman Josh Tobias.

Buchholz was the odd man out in a Boston rotation that added Chris Sale this off-season.

Buchholz, 32, is a two-time all-star but has been inconsistent through his career. He is 81-61 with a 3.96 ERA in 10 big-league seasons. THE ASSOCIATED PRESS

MAKE IT TONIGHT

# *Jazzed-up* Tuna Melt

PHOTO: MAYA VISNYEI

**Ceri Marsh & Laura Keogh**
For Metro Canada

You can prep the addictive ingredients of this jazzed-up tuna melt in the time it takes your oven to pre-heat.

**Ready in 10 minutes**
Prep time: 10 minutes
Serves 2

**Ingredients**
- 2 whole wheat pita breads
- 1 can tuna
- 1/3 cup diced Granny Smith apple
- 1/3 cup diced celery
- 1/8 cup diced cornichon or dill pickle
- 1 Tbsp mayonnaise
- Salt and pepper to taste
- 1 cup grated cheddar

**Directions**

**1.** Preheat oven to 400 degrees.

**2.** In a large bowl, mix together the tuna, apple celery, pickle and mayo until it is well combined. Season with salt and pepper.

**3.** Spread mixture across pitas. Leave a small border around edge the way you do with pizza — it makes it easier to pick up and eat.

**4.** Sprinkle the cheese evenly across both pitas. Place the pitas on a baking sheet.

**5.** Pop in the hot oven for about 10 minutes until the cheese is completely melted and the edges of the pitas are toasty brown.

**6.** Remove from oven and cool for a couple of minutes before cutting each pita into quarters.

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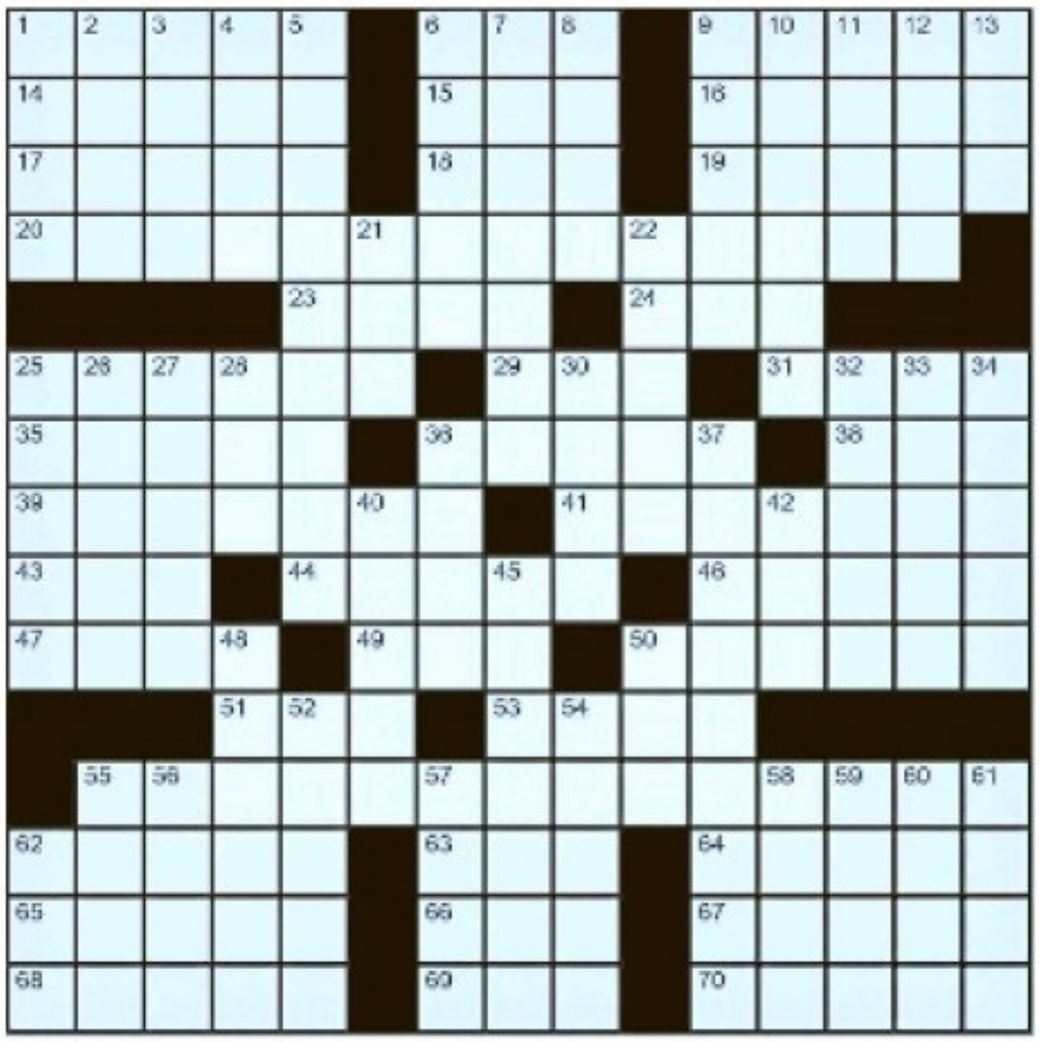
# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



**ACROSS**
1. Abu _ (United Arab Emirates capital)
6. Perform on Broadway
9. Wharfs
14. Keepsake of yore
15. Oslo's li'l locale
16. Remove a toque
17. Alvin _ American Dance Theater
18. Universal principle
19. Turkey treatment
20. Christmas meal condiment: 2 wds.
23. Some deer
24. Howdys
25. Does better than F
29. Christmas _
31. Christmas servings
35. Ancient seaport of Rome
36. Pew user's supports
38. Opening
39. Ghost of Christmas Past, for one
41. Vexing
43. Commandments number
44. Every 60 minutes
46. Ancient column style
47. Winter hill surface
49. _-Margret
50. Musical compositions
51. Daily time segments, briefly
53. Racing's 'Romeo'
55. Popular buys during the festive season: 3 wds.
62. Soil fertilizers
63. Globe
64. Blue _ (Canadian band)
65. Ram's sign
66. Long-snouted fish
67. _ days
68. Rene Descartes: "Je _, donc je suis." (I think, therefore I am)
69. "I _ _ Rock" by Simon & Garfunkel
70. Rug-making apparatuses

**DOWN**
1. Bram Stoker's li'l vampire
2. Prince Charles, for one
3. Teatro _ Scala (Milan opera house)
4. "Tres _!"
5. Visible sign from the stepping-outside-person that it's really cold out there: 2 wds.
6. Cavern
7. Become rough
8. Brad Pitt's ancient film
9. Persian Gulf emirate
10. Forward-moving surge
11. Swanky
12. "Citizen _" (1941)
13. Sault _, Marie, Ontario
21. Greek dawn goddess
22. _ hosiery
25. Stations
26. Tree beavers like
27. Shorthand, for short
28. As written
30. Wedding dress extra
32. Contests of ancient Greece
33. Ms. Van Doren
34. Eyeglasses, fun-style
36. Musicals composer Jerome
37. CSP = Canadian _ _ (Rescue/first aid service on Winter mountains)
40. _ turkey
42. Old French coin
45. 'Noel' as Leon ...or... 'Tinsel' as Silent
48. Narwhals and Bowheads
50. Switch selection
52. Russian, in the French language
54. Astrology sign
55. Plain
56. Ireland, to a poet
57. _ pants (Casual/fitness wear)
58. Alone
59. Produce Department selection
60. Abound
61. Some of "The Brady Bunch"
62. Blueprint

# IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20
For the next month, the Sun is at the top of your chart, shining a flattering light on you. This makes you look great in the eyes of bosses, parents and VIPs. Yay!

**Taurus** April 21 - May 21
Do whatever you can to get out of town and experience a change of scenery during the next month, because you need this! You're eager for stimulation and new experiences.

**Gemini** May 22 - June 21
You will be intense about everything in the next four weeks. However, this is a good time to wrap up loose ends with inheritances, taxes and shared property.

**Cancer** June 22 - July 23
Partnerships and friendships are on your mind for the next month. Many of you will run into ex-partners at this time.

**Leo** July 24 - Aug. 23
Your efficiency at work might suffer now because of Mercury retrograde. Nevertheless, you will do your best to be on top of your game during the next four weeks.

**Virgo** Aug. 24 - Sept. 23
During the month ahead, you'll want to play! Vacations, romantic escapes, sports events, the arts and playful times with children will be tops on your list.

**Libra** Sept. 24 - Oct. 23
Home, family and your private life will demand your attention during the next four weeks. Many of you are in contact with relatives whom you haven't seen in a while.

**Scorpio** Oct. 24 - Nov. 22
The pace of your days in the month ahead will accelerate — there's no question about it. Life will be busy with short trips and errands, plus increased reading, writing and studying.

**Sagittarius** Nov. 23 - Dec. 21
The pace of your days will accelerate during the next four weeks, because you will be busy with short trips and many errands. Gear up for this busier schedule.

**Capricorn** Dec. 22 - Jan. 20
The Sun will be in your sign for the next four weeks, energizing you in a wonderful way. This will attract people to you, especially people from your past!

**Aquarius** Jan. 21 - Feb. 19
This is a lovely time for you to buy wardrobe items. It's also a great time to do research of any kind. Make plans behind the scenes for your coming year ahead.

**Pisces**
Feb. 20 - March 20
Enjoy increased popularity with others in the next four weeks. People want to see you and be part of your world. (It's nice to be loved.)

**CONCEPTIS SUDOKU** by Dave Green

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